



THE SCHOOL PROSPECTUS

School of Integrative Nursing & Advanced Clinical Practice

Holistic Nurse Coaching, IV Hydration Wellness, Legal Nurse Consulting & Concierge Telehealth

*"Cura et Autonomia" – *Care and Autonomy.**

ISSUED BY THE OFFICE OF ACADEMIC ADMISSIONS

CMA · IPHM · CPD · IAOTH · ICAHP · IGCT · CTAA · IHTCP · IIOHT



"You are not starting over. You are finally getting credit for what you already do."

Dear candidate,

The women who apply to this School rarely arrive as beginners. They arrive as the person their family and community already calls first – after years of study nobody ever certified. Our admission exists to correct that: a rigorous, honest, competency-based path from experience to credential.

Inside this Prospectus you will find the complete picture: our 4 academic colleges and 42 specialized programs, the credential ladder and its academic credits, what our graduates build, and what your Senate Scholarship covers. Nothing is hidden, because trust is our product.

Read it with one question in mind – not "am I qualified to begin?" but "is this the work I've been doing all along?" If the answer is yes, your seat is already reserved.

Dr. Maria Krista Piñol-Solis

DR. MARIA KRISTA PIÑOL-SOLIS, MD, RN · DEAN OF ACADEMIC ADMISSIONS

I · THE SCHOOL AT A GLANCE

42

SPECIALIZED
PROGRAMS

4

ACADEMIC
COLLEGES

5

CREDENTIAL LEVELS

100%

ONLINE &
ACCREDITED

58,598+ students & alumnae 4.9/5 graduate rating 51 average age 40+ countries

II · THE CREDENTIAL LADDER & ACADEMIC CREDITS

LEVEL	CREDENTIAL RANK	ACADEMIC CREDITS
Level 1	Foundation (APU-FC)	15 Credits
Level 2	Professional Certificate (APU-PC)	30 Credits
Level 3	Professional Diploma (APU-PD)	60 Credits
Level 4	Master Professional Diploma (APU-MPD)	90 Credits
Level 5	Board Fellowship (APU-FELLOW)	120+ Credits

College I · College of Holistic Nurse Coaching & Telehealth Practice

12 Programs
Conferred

Every program listed below includes verified clinical coursework, modular assessments, official transcript entry, and verifiable registration on the University Register upon conferral.

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| ■ Board Certified Holistic Nurse Coaching (HNC) | ■ Nurse Burnout Recovery & Resilience Facilitator | ■ Autoimmune Support Nurse Practitioner |
| ■ Nurse-Led Chronic Disease Remote Monitoring | ■ Motivational Interviewing in Nurse Consultations | ■ Cardiac Prevention & Lipid Nurse Consultant |
| ■ Telehealth Nursing Practice Launch & Compliance | ■ Functional Lab Review for Registered Nurses | ■ Diabetes Reversal Nurse Health Coach |
| ■ Integrative Lifestyle Medicine for RNs | ■ Metabolic Health Nurse Navigator | ■ Geriatric Telehealth Nurse Companion |

College II · College of IV Hydration Therapy & Wellness Clinic Protocols

12 Programs
Conferred

Every program listed below includes verified clinical coursework, modular assessments, official transcript entry, and verifiable registration on the University Register upon conferral.

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| <ul style="list-style-type: none">■ IV Hydration Therapy & Micronutrient Infusion Protocols■ NAD+ & Cellular Longevity Infusion Safety■ High-Dose Vitamin C & Immunity IV Formulations■ Electrolyte Osmolarity & Vein Preservation Safety | <ul style="list-style-type: none">■ Medical Director Collaboration & Standing Orders Setup■ Mobile IV Nurse Business Launch & Operations■ Aesthetic Wellness & Intramuscular (IM) Injections■ Ozone Therapy & Blood Oxygenation Safety Literacy | <ul style="list-style-type: none">■ Cryotherapy & Cold Plunge Clinic Integration■ Infrared Sauna & Cellular Detoxification Protocols■ Bioidentical Hormone Pellet Nursing Support■ Weight Loss Peptides (GLP-1/GIP) Nurse Protocols |
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College III · College of Legal Nurse Consulting & Healthcare Compliance

10 Programs
Conferred

Every program listed below includes verified clinical coursework, modular assessments, official transcript entry, and verifiable registration on the University Register upon conferral.

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| ■ Certified Legal Nurse Consultant (LNC Track) | ■ Expert Witness Deposition & Trial Testimony Preparation | ■ Billing Fraud & Insurance Abuse Investigation |
| ■ Medical Record Analysis & Chronology Preparation | ■ Hospital Accreditation & Joint Commission Compliance | ■ Nurse Practice Act & Scope of Practice Defense |
| ■ Medical Malpractice Standard of Care Reviewer | ■ HIPAA Privacy Auditing for Independent Practices | ■ Risk Management & Adverse Event Root-Cause Analysis |
| ■ Personal Injury & Toxic Tort Case Evaluator | | |

College IV · College of Private Patient Navigation & Hospital Advocacy

8 Programs
Conferred

Every program listed below includes verified clinical coursework, modular assessments, official transcript entry, and verifiable registration on the University Register upon conferral.

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| ■ Private Hospital Patient Advocate & Navigator | ■ Palliative Care & Hospice Nurse Family Companion | ■ Medication Reconciliation & Polypharmacy Reduction |
| ■ Oncology Treatment Roadmap Nurse Navigator | ■ Rare Disease Diagnostic Odyssey Nurse Guide | ■ Informed Consent & Patient Rights Enforcement Lead |
| ■ Complex Surgery Pre-Op & Post-Op Concierge Nurse | ■ Senior Hospital Discharge & Care Transition Specialist | |

IV · EVERYTHING YOUR SENATE SCHOLARSHIP SEAT INCLUDES

Access to all 42 programs · 4 academic colleges	\$12,500+ value
The complete 5-level credential ladder — no re-enrollment fees	\$2,500 value
Dedicated 1:1 Clinical Faculty Mentorship directed by MD & RN faculty	\$3,600/yr value
365-Day Business Accelerator & Practice Launch Suite	\$1,997 value
Academic credits & official transcript held for life by the Registrar	\$497 value
Public Registry listing + verifiable digital badge	\$497 value
9 global accreditations (CMA, IPHM, CPD, IAOTH, ICAHP, IGCT, CTAA, IHTCP, IIOHT)	Included
Total institutional value: \$23,000+	Your Senate Grant covers it.

V · CAREER HORIZONS & EARNING POTENTIAL

PATHWAY 1

Private Virtual Consultant

An autonomous virtual consulting practice serving clients globally — from home, at your hours.

PATHWAY 2

Collaborative Clinic Practice Lead

Partner with integrative MDs, clinics, and wellness centers as lead lifestyle consultant.

PATHWAY 3

Specialized Advisory Director

Lead high-ticket signature advisory programs for private clients.

US EARNING BENCHMARKS · FROM GRADUATE OUTCOMES SURVEYS

Individual consultations	\$150 – \$300 / session
Comprehensive 3–6 month clinical programs	\$2,000 – \$5,000 / client
Year 1 practice benchmark (6–10 active retainers)	\$8,000 – \$15,000 / month
Established practice (12+ clients, waitlist)	\$20,000+ / month